DAY TO DAY CARE

# Home care in Bromley and Orpington

For you, or for someone in your family

Visits from £28.96 an hour. No contract, no notice period.

## Good

Rated by the CQC in all five areas

## 9.7/10

On homecare.co.uk, from reviews in the last two years, October 2026

**Call Mandy on 020 3137 8841**

daytodaycare.co.uk

# About Day to Day Care

Day to Day Care has provided home care in Bromley and Orpington since 2003. We are independent and privately owned, with our office on Orpington High Street, and we cover the BR1 to BR7 postcodes.

Arranging care at home is a big step, whether it is for yourself or for someone in your family. Before anything starts, we visit to talk through what help is needed, when, and what it will cost.

We are small enough that the office knows every client by name, and we have been looking after people in their own homes for over 20 years.

# How it works

## We can usually visit within 24 hours, and care can often start within another 24 hours

You tell us what help is needed and when. We write a care plan around it, send a regular carer, and change the plan whenever needs change.

1 **You call us.** Ring Mandy on 020 3137 8841. On the first call she will tell you what the care would involve and roughly what it would cost. You can call for yourself or for someone else.

2 **We visit and write the care plan.** Mandy, our Care Manager, comes to the home, usually within 24 hours of your call, to meet the person who needs care and talk through what would help. Family are welcome. There is no charge and no obligation. The care plan is agreed with the person and, if they wish, their family.

3 **Care starts.** We introduce a regular carer, and care can often start within 24 hours of the visit. Our Field Care Supervisor reviews the care plan regularly, and it changes whenever needs change.

# What we help with

## Everyday care

### Mornings and evenings

Help getting up, washed and dressed, and help settling down at night. Unhurried.

### Washing and getting about

Bathing, showering, dressing and hair. Help moving around the house, in and out of a chair or bed, and walking.

### Medication

Reminders, help, and giving medicines from a dosette box or blister pack filled by the pharmacist, or from packaging the pharmacist has clearly labelled, as set out in the care plan.

### Around the house

Light housework and laundry, cooking meals they enjoy, shopping, the post, and someone to talk to.

# Care for particular needs

### Dementia and Alzheimer's

Familiar routines and a calm house, because that is what helps most.

### Parkinson's, MS, stroke and other neurological conditions

Care plans written around the condition, not around our rota. The same goes for physical disabilities and sight or hearing loss.

### Mental health and learning disabilities

Support that leaves the choices with the person.

### End of life care

Care at home in the last weeks of life, for people who want to stay in their own home.

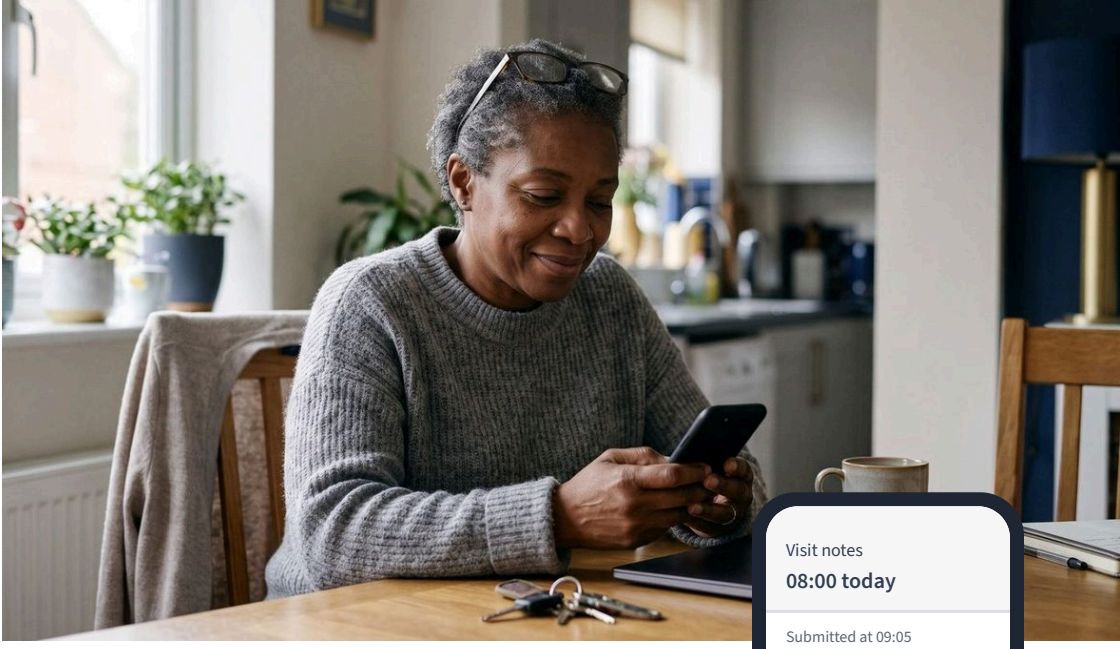
# Short-term, overnight and live-in care

**Coming home from hospital:** Short-term care, arranged quickly, for the weeks after an illness or operation. It stops when it is no longer needed.

**A break for family carers:** If you look after someone yourself, we can cover regular breaks or a holiday, so you can rest knowing someone is there.

**Overnight care:** A sleep-in carer or a waking night, 10pm to 7am. Ask us for a price.

**Live-in care:** A carer living in, as an alternative to moving into a care home. Ask us for a live-in quote.



Visit notes

**08:00 today**

Submitted at 09:05

Arthur was up and dressed when I arrived and in good spirits. He had porridge and a cup of tea, and we had a chat about the cricket. Watered the tomatoes in the greenhouse together. Tidied the kitchen and left him comfortable in his armchair with the paper and the radio on.

An example visit note. Names and details are made up.

# Keeping everyone in the loop

## Visit notes on your phone

Whether you live round the corner or the other side of the country, you can see how each visit went. Carers log every visit on our app: what they did, how the person seemed, and anything to keep an eye on. With the permission of the person receiving care, family can read the notes on their phone, at no charge.

# Calls, reviews and one number to ring

If a carer is worried about something, the office rings the family contact straight away rather than leaving it in the notes. Our Field Care Supervisor reviews the care plan regularly, and family can take part if the person wishes.

020 3137 8841 reaches the office Monday to Friday, 9am to 5pm. For anyone already receiving care, the same number goes through to the manager on call outside those hours.

## What you can count on

- Rated Good by the Care Quality Commission, in all five areas.
- Every carer is employed by us, has an enhanced DBS check and is trained before visiting on their own.
- A regular carer, with changes kept to a minimum.
- No contract, no notice period and nothing to pay up front.
- A local office you can phone, and a manager on call outside office hours.

# What it costs

**Prices from 1 June 2026:** No VAT, no travel charges and no deposit. You are billed weekly for the visits we make.

**£28.96** an hour on a weekday, between 7am and 7pm

| When | 15 min | 30 min | 45 min | 1 hour |
|---|---|---|---|---|
| **Weekdays** 7am to 7pm | £18.10 | £21.72 | £25.34 | **£28.96** |
| **Weekdays** 7pm to 10pm | £22.17 | £26.61 | £31.04 | **£35.48** |
| **Weekends** 7am to 7pm | £22.17 | £26.61 | £31.04 | **£35.48** |
| **Weekends** 7pm to 10pm | £27.16 | £32.59 | £38.03 | **£43.46** |

For your own pattern of visits, use our cost calculator at daytodaycare.co.uk/homecare-costs

# What a week might cost

| | |
|---|---|
| A half-hour visit every morning | **£161.82** |
| Two half-hour daytime visits every day | **£323.64** |
| A half-hour visit every morning and every evening after 7pm | **£360.05** |

## Good to know

- Visits longer than an hour are charged pro rata at the hourly rate.
- Public and bank holidays are charged at double the standard rate.
- Shopping trips are charged at the care rate plus 45p a mile.
- 15-minute visits are for medication prompts and safety checks only. There is not time for personal care in 15 minutes, so we do not offer it.
- Cancel a visit with at least 24 hours' notice and there is nothing to pay. Later than that, the visit is charged.
- If you are unhappy with a visit, tell us within 24 hours and you will not be charged for it.
- Overnight and live-in care are priced individually. Ask Mandy for a quote.

# Paying for care

## Paying privately

Most of our clients pay for their own care. Invoices are weekly and can go to a family member or to someone with Power of Attorney, if that is easier.

## Attendance Allowance

People over State Pension age who need help with personal care may be able to claim Attendance Allowance. It is not means-tested. Our guide explains who can claim and how:

daytodaycare.co.uk/attendance-allowance

## Council or NHS funding

We do not take care commissioned by the council or the NHS. Care is arranged directly between you and us, around what the person wants, rather than around a funder's rules. If the council gives you Direct Payments to arrange your own care, you can use them with us.

# Not sure yet?

It is common for someone to feel they do not need care, or not yet. Care is much easier to set up in a calm spell than in a crisis, after a fall or a stay in hospital, when everything has to be decided in a hurry.

A small start often helps: one visit a week for the shopping, a bit of housework and a chat. The person gets to know their carer before they need more help. There is no contract, so nothing is lost if it is not right, and visits can increase later if they are needed.

If you are arranging care for a parent who is not keen, call Mandy first. She has had this conversation with a lot of families and can talk it through with you.

**020 3137 8841**

# What families say

**9.7/10**

On homecare.co.uk, from the 13 reviews posted in the last two years (57 in total, October 2026). Quoted exactly as written; most are from the sons, daughters and other relatives of the people we look after.

"From our first contact with them to the last day they have treated Mum with kindness, friendliness, caring and dignity."

**Julie M (Daughter of Client)**

"I travel often for work and I have peace of mind..."

**Saadia C (Daughter of Client)**

"...lots of information is added so we know how each visit went."

**Christine A (Daughter-in-law of Client)**

"The office are incredibly helpful and always answer the phone."

**L I (Relative of Client)**

"She's friendly and nice to have in the house."

**Janet P (Daughter of Client)**

"From the very first call... I felt a huge weight had been lifted from my shoulders."

**M C (Friend of Client)**

"...to cover me whilst I took a holiday with family to recharge."

**Clare H (Daughter of Client)**

"After 5 months my husband was well enough for me to look after him..."

**Jill C (Wife of Client)**

"I have used Day to Day for at least 10 years... they have all been cheerful, helpful and kind."

**Marian J (Client)**

DAY TO DAY CARE

# Talk to us

Call and we will tell you what the care would involve and what it would cost, on the first call. You can call for yourself or for someone else. No pressure and no obligation.

**Call Mandy, our Care Manager**

## 020 3137 8841

Monday to Friday, 9am to 5pm

**Email**

enquiries@daytodaycare.co.uk

**Prices and cost calculator**

daytodaycare.co.uk/homecare-costs

**Our office**

Day to Day Care Ltd
350 High Street
Orpington, Kent BR6 0NQ

**Care Quality Commission**

Rated Good in all five areas

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